

# FAMILY DISCIPLESHIP KIT

HELPING YOU GROW YOUR TEENAGERS FAITH AT HOME

FINCASTLE BAPTIST CHURCH

## WHATS INCLUDED:

- 1 FAMILY ACTIVITY
- 4 FAMILY DEVOTIONALS
- 2 CRISIS CONVERSATION GUIDES

# FAMILY ACTIVITY

## A Memory Minute

### **Best Use**

As a meal-time discussion with children ages three through adult

### **Value**

Gives children a strong sense of family connection and identity

### **Advance Preparation**

Bring the following to the dinner table: Some favorite pictures from past family events such as a vacation, birth, special celebration, or just fun moments from daily life - A watch or clock with a second hand - A Bible

### ***Game Plan***

### **Mealtime Instructions**

1. Bring a stack of 5-10 pictures to the meal table.
2. Give each teenager at least one photo to hold up when their time arrives.
3. Read Psalm 103:2 which reminds us to bless the Lord for the “benefits” he gives, including the tremendous joy of being part of this family.
4. One at a time, have each teenager hold up their photo and give the other family members sixty seconds to shout out as much about the pictured scene as they can recall or guess.
5. Now take the picture from your teen and tell the story as you remember it, taking special care to affirm the joy and uniqueness of each person pictured by giving a detail about them. For example... “I remember this was the vacation where Troy created his first sandcastle—and was so disappointed the next morning to discover the tide had flattened it during the night.” - “I remember how proud we were of Nicole when she walked up to the front of the class to receive this award.” - “I remember how exciting it was to bring little Christopher home from the hospital and have Grandma and Grandpa taking pictures of our new blessing!”
6. Take a moment to pray a brief prayer of thanks to God for the “benefits” that come with being part of a family that loves the Lord and one another.

# FAMILY DEVOTIONALS

## DAY 1: “WHY AM I ALIVE?”

**Video:** <https://www.youtube.com/watch?v=hsDQEb-qlyM>

### **Video Questions**

1. In what ways do you feel like your identity is based on your performance or what other people think?
2. God calls us many things that give us a sense of our identity. Which one do you feel you identified with the most and which one do you feel you identified with the least?
  - a. Child of God
  - b. Brand New Creation
  - c. Chosen, Holy & Blameless
  - d. Masterpiece
  - e. Loved

**Scripture:** Ephesians 2:10, 2 Corinthians 5:17-19, & Psalm 8

### **Application Questions**

1. General Questions
  - a. How does your view of yourself determine how you live life? How would a different view of yourself change the way you live
2. 2 Corinthians 5:17-19 Questions
  - a. What does it look like to live the life that comes with belonging to Christ?
  - b. What are some ways that you can help to reconcile the world to God?
3. Ephesians 2:10 Questions
  - a. What are examples of good things God has created for all His children to do in Christ?
  - b. What are good things God has created specifically for you to do? Consider your: personality, passions, gifts, cultural background, experience, and opportunities

## BIG ANSWER

I AM ALIVE TO LOVE GOD AND SERVE HIM AND HIS  
WORLD BY REFLECTING HIS GOODNESS IN MY  
THOUGHTS, ATTITUDE, AND ACTIONS.

# FAMILY DEVOTIONALS

## DAY 2: “WHAT IS THE BIBLE?”

**Video:** <https://www.youtube.com/watch?v=ak06MSETeo4>

### **Video Questions**

1. What about the video interested you the most?
2. What did the video share about the Bible that you hadn't heard before?
3. Is there anything that you heard that you feel confused about?

**Scripture:** 2 Timothy 3:14-17, Hebrews 4:12-13, & Psalm 119:9-16

### **Application Questions**

4. General Questions
  - a. What things do you find hard when it comes to reading, understanding, and applying the Bible to your life?
  - b. Why do you think the Bible is one of the most influential books in human history?
  - c. What makes the Bible trustworthy?
5. 2 Timothy Questions
  - a. Why does Paul think the scriptures are able to make us wise?
6. Hebrews Questions
  - a. How is the word of God alive and powerful?
  - b. Why do you think it compared to a two-edged sword?
7. Psalm Questions
  - a. How can you best hide God's word in your heart? Consider your learning style and preferred learning strategies
  - b. What does it look like to delight in God's laws and decrees

## BIG ANSWER

THE BIBLE IS THE WORD OF GOD. GOD INSPIRED PEOPLE  
TO WRITE THE BOOKS OF THE OLD AND NEW  
TESTAMENTS. THE BIBLE IS THE TRUSTWORTHY AND  
AUTHORITATIVE RULE FOR WHAT WE BELIEVE AND DO.

# FAMILY DEVOTIONALS

## DAY 3: “WHO IS GOD?”

**Video:** <https://www.youtube.com/watch?v=h4pWC9C4r14>

### **Video Questions**

1. What have you been taught about God, whether directly or indirectly?
2. In the video, what sounded most like your view of God?

**Scripture:** Genesis 1:1-2 & Psalm 19

### **Application Questions**

1. General Questions
  - a. What would you like to know about God?
  - b. What do you think is the most reliable source for learning about God? Why?
  - c. Since we are made in God’s image, what does that tell us about who God is?
  - d. What does the way God chose to communicate His word (the Bible) tell us about Him?
2. Genesis Questions
  - a. How would you describe God based on this passage?
  - b. How is God’s relationship with all of creation similar to His personal relationship with you? How is it different?
3. Psalm Questions
  - c. How would you describe God based on this passage?
  - d. Our words often reveal who we are, what we value, and what we think about. How does the description of God’s word reveal who He is and what He values?

## BIG ANSWER

GOD IS THE LOVING CREATOR AND SUSTAINER OF  
EVERYTHING. HE IS ETERNAL AND UNCHANGING IN HIS  
GOODNESS, WISDOM, AND POWER.

# FAMILY DEVOTIONALS

## DAY 4: “WHO IS JESUS OF NAZARETH?”

**Video:** <https://www.youtube.com/watch?v=3dEh25pduQ8>

### **Video Questions**

1. What did the video share about the Messiah that you hadn't heard before
2. What promises did God make about the Messiah? Consider what he told to: Adam and Eve, Abraham, Judah, David, and Isaiah.
3. What promise did God make about Jesus that hasn't yet been completed?

**Scripture:** 1 Corinthians 15:1-7 & Acts 10:34-43

### **Application Questions**

4. General Questions
  - a. How do both passages explain the “Good News?” Does it sound closer to a set of directions or a story?
  - b. From both passages, what tells us that Jesus was human? What tells us that Jesus was the Son of God?
  - c. How do we know God better because of Jesus?
5. 1 Corinthians Questions
  - a. How do we know that Jesus was raised from the dead?
  - b. How can you continue to stand firm in believing the Good News about Jesus?
6. Acts Questions
  - a. We can learn about people by knowing their most intimate relationships. How would you describe Jesus' relationship with God based on this passage?

## BIG ANSWER

JESUS IS GOD'S ETERNAL SON AND THE MESSIAH, THE PROMISED SAVIOR. THROUGH JESUS, WE KNOW WHO GOD IS.

# CRISIS CONVERSATIONS GUIDES

## FOR MIDDLE SCHOOLERS:

[HTTPS://THEPARENTCUE.ORG/WP-  
CONTENT/UPLOADS/2019/08/CRISISCG\\_MS.PDF](https://theparentcue.org/wp-content/uploads/2019/08/crisiscg_ms.pdf)

## FOR HIGH SCHOOLERS:

[HTTPS://THEPARENTCUE.ORG/WP-  
CONTENT/UPLOADS/2019/08/CRISISCG\\_HS.PDF](https://theparentcue.org/wp-content/uploads/2019/08/crisiscg_hs.pdf)