



SARAH MAE

SARAH MAE IS A WIFE, MOTHER OF THREE, BLOGGER, SPEAKER, CO-AUTHOR OF "DESPERATE: HOPE FOR THE MOM WHO NEEDS TO BREATHE," AND AUTHOR OF "THE COMPLICATED HEART." RESIDING IN LANCASTER COUNTY PENNSYLVANIA, SHE WORKS WITH THE TEENAGERS IN HER CHURCH WHILE ENCOURAGING WOMEN TO LIVE IN THE FREEDOM AND GRACE GOD PROVIDES.

NAVIGATING BROKEN RELATIONSHIPS, TENDING OPEN WOUNDS AND ADDRESSING THOSE ASPECTS OF LIFE WE'RE OFTEN TOO ASHAMED TO ADDRESS ON OUR OWN IS WHAT SARAH DOES BEST.

IT IS SARAH'S PASSION TO ENCOURAGE WOMEN IN GOD'S ABUNDING MERCY SO THEY CAN LAY THEIR BURDENS AT THE FOOT OF THE CROSS AND WALK IN THE FREEDOM OF SALVATION.



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