

#### **CONNECT WITH US**

- 育 "Church Center" App
- fincastlebaptistchurch
- www.fincastlebaptist.org
- info@fincastlebaptist.org
- **540-473-2861** 
  - 7330 Roanoke Road, Fincastle, VA 24090

#### HOW CAN I KNOW I AM GOING TO HEAVEN?

**Step #1: Realize God loves you.** "For God so loved the world that He gave His one and only Son, that whoever believes in him should not perish, but have eternal life." John 3:16

Step #2: Realize you are separated from God because of sin. "For all have sinned and come short of the glory of God." Romans 3:23

Our solution: People try to earn their way to heaven through good works, religion, morality, etc. "There is a way that seems right to a man, but in the end it leads to death." Proverbs 14:12

God's solution: A relationship with Jesus Christ who died on the Cross and rose from the grave, paying the penalty for our sin. "...For there is one God, and one mediator between God and men, the man Christ Jesus." 1 Timothy 2:5, "For it is by grace you have been saved, through faith and this not from yourselves, it is the gift of God – not by works, so that no one can boast." Ephesians 2:8-9

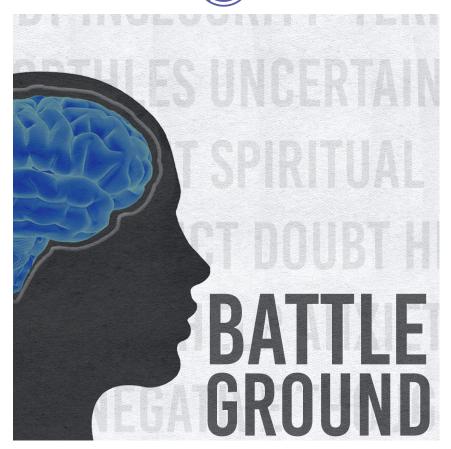
**Step #3: Receive Jesus Christ as personal Savior.** "If you confess with your mouth, 'Jesus is Lord,' and believe in your heart that God raised him from the dead, you will be saved." Romans 10:9 You may wish to use the sample prayer below. "Everyone who calls on the name of the Lord will be saved." Romans 10:13

"Dear God, I now believe that you love me, died on the cross and rose from the dead for my sins. I admit that I have sinned and I right now ask You to come into my life, forgive me, and take me to heaven whenever I die. I want to follow you as Lord for the rest of my life.

In Jesus Name, Amen."

If you have believed...welcome to the Family of God! If you have made a decision for Christ, please tell our staff, or if you have any questions, call the church office at 540-473-2861

# WELCOME TO FINCASTLE BAPTIST CHURCH we're glad you're here

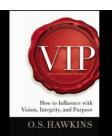


## FINCASTLE CAMPUS

WE EXIST TO GLORIFY GOD BY HELPING OTHERS

KNOW GOD • GROW IN GOD • LIVE FOR GOD

MAY 16, 2021



Register at fincastlebaptist.org/men

VBS Volunteer Interest Meeting
May 23rd @ Noon
Downstairs Chapel



REGISTER AT FINCASTLEBAPTIST.ORG/EVENTS

Youth Parents' Meeting
(Including Rising 6th Graders)
May 16th 12pm
Downstairs Chapel





Listen and Share:
On the Way
Sundays at 9am

On 101.9 The River or wherever you listen to podcasts.

### UPCOMING EVENTS

Business Meeting
Graduate Recognition
VBS

May 23

May 23

June 21-25

# DEFEAT YOUR NEGATIVE THOUGHTS

#### **BATTLEGROUND - Part #4**

Pastor Kevin Cummings – May 16, 2021

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Job 1:1-42:17		III. The	for negative thoughts
"Above all, be careful what you think because you thoughts control your life." Proverbs 4:23 (ESV)		A your hurt. (Job 42:1-5)  1. We have several choices when life hurts:  1.) You can swallow it. (Job 7:11-21)  2.) You can try to settle it. (Matthew 5:44)  3.) You can share it. (Ephesians 4:29)  4.) You can let Jesus soothe it. (Psalm 147:3)  2. Revealing your feeling is the beginning of healing.  3. There is no closure without disclosure.	
<ul> <li>The way you determines the way you live, so if you want to live right, you must think right.</li> <li>1.) Everything we do good or bad starts as a thought.</li> <li>2.) Our lives are always moving in the direction of our greatest thoughts</li> <li>3.) The life we have reflects the thoughts we think.</li> </ul>			
4.) To change our life, we must change our thinking.		В	for your negative thoughts. (Job 42:6)
,	nt to make it obedient to Christ." II Corinthians 10:5 of negative thoughts	C	those who have hurt you.  (Job 42:7-10; Luke 6:27-28)  your life.
A andust and actions		(Job 42:11-15; Philippians 4:8-9; Hebrews 12:2)	
A conduct and actions.  1. What they say about us. (Job 19:1-3; Proverbs 12:18)  2. What they think about us. (Job 19:4-12)  3. What they do to us. (Job 19:13-19)  "I have always lived right, and God answered my prayers; now friends		"I remember my affliction and my wandering, the bitterness and the gall. I well remember them, and my soul is downcast within me. Yet this I call to mind and therefore I have hope: Because of the LORD's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness." Lamentations 3:19-23	
make fun of me." Job 12:4 (Cl		T.	' 1 /I 1 40 1/ 17 D 12 0)
B. condu	act and actions. (Job 19:20-29; II Peter 1:3)		your mind. (Job 42:16-17; Romans 12:2)
"Your own conduct and actions have brought this upon you."  Jeremiah 4:18		"You were taught, to put off your old self; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness." Ephesians 4:22-24	
II. The of negative thoughts		8	1
A. Negative thoughts a	re (Job 5:2; Ps. 106:33)	ACTION POINTS	:1.) Are your thoughts pleasing to?
	re (Job 18:4)	•	the rest of your life the of your life.
		3.) Defeating your negative thoughts starts with	
<ul> <li>The difference bet</li> </ul>	ween bitter or better is	TEXT: FBCYES TO 77411	

C. Negative thoughts are \_\_\_\_\_\_. (Job 21:23-25)

• It's not just what you eat, it's what's \_\_\_\_\_

# DEFEAT YOUR NEGATIVE THOUGHTS BATTLEGROUND - Part #4

Pastor Kevin Cummings - May 16, 2021

Job 1:1-42:17

"Above all, be careful what you think because you thoughts control your life." Proverbs 4:23 (ESV)

- The way you think determines the way you live, so if you want to live right, you must think right.
  - 1.) Everything we do good or bad starts as a thought.
  - 2.) Our lives are always moving in the direction of our greatest thoughts
  - 3.) The life we have reflects the thoughts we think.
  - 4.) To change our life, we must change our thinking.

"We take captive every thought to make it obedient to Christ."

II Corinthians 10:5

#### I. The <u>causes</u> of negative thoughts

- A. Other people's conduct and actions.
  - 1. What they say about us. (Job 19:1-3; Proverbs 12:18)
  - 2. What they think about us. (Job 19:4-12)
  - 3. What they do to us. (Job 19:13-19)

"I have always lived right, and God answered my prayers; now friends make fun of me." Job 12:4 (CEV)

B. Our own conduct and actions. (Job 19:20-29; II Peter 1:3)

"Your own conduct and actions have brought this upon you."

Jeremiah 4:18

#### II. The consequences of negative thoughts

- A. Negative thoughts are <u>unreasonable</u>. (Job 5:2; Psalm 106:33)
- B. Negative thoughts are <u>unhelpful</u>. (Job 18:4)
  - The difference between bitter or better is  $\underline{I}$ .

- C. Negative thoughts are unhealthy. (Job 21:23-25)
  - It's not just what you eat, it's what's eating you.

#### III. The <u>cure</u> for negative thoughts

- A. Reveal your hurt. (Job 42:1-5)
  - 1. We have several choices when life hurts:
    - 1.) You can swallow it. (Job 7:11-21)
    - 2.) You can try to settle it. (Matthew 5:44)
    - 3.) You can share it. (Ephesians 4:29)
    - 4.) You can let Jesus soothe it. (Psalm 147:3)
  - 2. Revealing your feeling is the beginning of healing.
  - 3. There is no closure without disclosure.
- B. Repent for your negative thoughts. (Job 42:6)
- C. Release those who have hurt you. (Job 42:7-10; Luke 6:27-28)
- D. Refocus your life.

(Job 42:11-15; Philippians 4:8-9; Hebrews 12:2)

"I remember my affliction and my wandering, the bitterness and the gall. I well remember them, and my soul is downcast within me. Yet this I call to mind and therefore I have hope: Because of the LORD's great love we are not consumed, for his compassions never fail. They are new every morning; great is your faithfulness." Lamentations 3:19-23

E. <u>Renew</u> your mind. (Job 42:16-17; Romans 12:2)

"You were taught, ... to put off your old self ...; to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness." Ephesians 4:22-24

ACTION POINTS:1.) Are your thoughts pleasing to God?

- 2.) God can make the rest of your life the <u>best</u> of your life.
- 3.) Defeating your negative thoughts starts with knowing God personally TEXT: FBCYES TO 77411